



LINCOLN MIDDLE SCHOOL NEWSLETTER



Paul Suminski, Principal

April 5, 2019

Randy Steen, Asst. Principal

Office: (847) 394-7350

[Lincoln Middle School](#)

FAX: (847) 394-7358

REPORT CARDS DISTRIBUTED TODAY!

Principal's Message . . .

Dear Lincoln Families,

I would like to welcome the Class of 2022—Lincoln's incoming 6th grade! This is the first newsletter shared with them and we look forward to the arrival of the 2022 graduates! Don't forget **Incoming 6th Grade Parent Orientation** is Wednesday, April 24 at 7pm. The evening is for parents and guardians only and should offer a lot of great information as your family begins the transition to Lincoln.

We appreciate our families taking the time to keep informed of all that is happening at Lincoln, especially in the weeks ahead as we bring the school year to its close. Every year, the 4th quarter calendar gets incredibly busy! There will be numerous emails that need to be read, the calendar is updated regularly, and the newsletter is guaranteed to be packed with important information for families.

MAP testing starts Monday, April 8. Take a look at the schedule included in this newsletter. We ask that families make every effort to have their child attend school during the MAP testing window. We appreciate your cooperation.

Finally, report cards were distributed to students today Friday, April 5 during the last period of the school day. Students were instructed to bring their report cards home to their parents and/or guardians.

Come on out for some ice cream and support the PTO on Monday, April 8. See you at Capannaris after school!

Paul Suminski



BUY  YOUR
Yearbook

Follow us on social media!



SPRING MAP TESTING 2018-2019

	Monday 4/8	Tuesday 4/9	Wednesday 4/10	Thursday 4/11	Friday 4/12
6th grade	ELA	ELA			
7th grade			ELA	ELA	
8th grade	Math	Math	ELA	ELA	
	Monday 4/15	Tuesday 4/16	Wednesday 4/17	Thursday 4/18	Friday 4/19
6th grade	Math	Math	Makeups	Makeups	No School
7th grade	Math	Math	Makeups	Makeups	No School
8th grade			Makeups	Makeups	No School

MAP TESTING SCHEDULE

Please make every effort to attend school during this testing window.

ATTENTION PARENTS OF CURRENT 5th GRADERS (INCOMING 6th GRADERS):

If you would like to check something off of your Lincoln To-Do list, the health office is accepting health forms for next year! Physical Exams must be dated after August 21, 2018 in order to be valid for the 2019/20 school year. Requirements and forms can be found on the district health page at <https://www.d57.org/HealthInformation.aspx>



check it off your list!



Congratulations to Trina Courtney for receiving the Teacher's Americanism Certificate of Merit award. She was presented with this award on Friday by VFW Commanders Les Duorv and Bill Starr. The certificate is in recognition of excellence in her "dedication, passion and hard work". Trina is an outstanding spokesperson for FREEDOM.

IMPORTANT INFORMATION FROM MR. STEEN:**Chromebook Screens and Keys**

We are seeing students causing screen damage to their Chromebooks. Please take a few minutes to discuss with your child appropriate handling of his/her Chromebook. In some cases, the screen damage is truly accidental. However, in several of the cases we have seen students negligently causing the damage. For example, a student intentionally knocks their friend's Chromebook off of a desk, a student wants to see what happens to the screen when he/she pokes it with a pencil, or a student intentionally slaps the Chromebook out of another student's hand while walking down the hallway. **The fine for negligently causing a broken screen is \$30.**



In addition, please discuss with your child about not removing the keys from the key board. Keys on the older models can be individually replaced, but the keys on the newer models can not. **The newer models require a new keyboard if any keys need replacing and the cost for a new keyboard is \$75.**

Thank you for your attention and support on these items.

**Grade 8
Calendar Dates**

May 21 2019
8th Grade Awards
Night 7pm

May 22 2019
8th Grade Great
America Trip

May 28 2019
8th Grade PTO Picnic
(afternoon)
PTO Dance (evening)
This is the last day of
attendance
for Grade 8.

May 29 2019
Graduation at
PHS 7pm



Lost and Found will be donated to charity mid-April. Parents are welcome to check the Lost and Found at anytime. Stop in and sign in at the office.

**A SUNNY REMINDER
FROM
MRS. SMITH, RN**

Welcome back from Spring Break! It's not super sunny here in Chicagoland now, but after winter, students are out of the habit of using sunscreen. Please remind your children to apply sunscreen before they are out in the sunshine.

**CAPANNARI'S
ICE CREAM DAY**

**MONDAY,
APRIL 8
3 - 9 PM**

**SUPPORT THE
PTO !**



ADMINISTRATION BUILDING

701 West Gregory Street - Mount Prospect, Illinois 60056

P (847) 394-7300 | F (847) 394-7311 | www.d57.org

NOTICE

All District Families and Employees

Mount Prospect School District 57 continues to partner with Logic Lawn Care to treat the district grounds. On April 13 and 14, 2019, we will be applying FIESTA (an iron based product) to inhibit and disrupt dandelions and other broadleaf weeds and an OMRI certified Organic Fertilizer. In the event all applications cannot be applied on April 13 and 14, 2019, the alternate/additional application dates are April 20 and 21, 2019 and April 27 and 28, 2019. For questions, please contact Logic Lawn Care at (847) 421-6500 or Annette Griffith, administrative assistant, 847-394-7300 ext. 1005.



**6 WEEK
COUCH TO 2.62
TRAINING PROGRAM**
(Begin training week of April 8th)



**STUDENTS, PARENTS, AND SCHOOL DISTRICT 57 STAFF
YOU CAN DO IT!!**

EDUCATION FOUNDATION

(After all, how can you argue with a Training Program where the first day is "Rest"??)

See event details at www.Got2Run.org

The training program below is being provided as a suggestion only without endorsement other than to say that it has been adapted from similar training programs created by Nike and other organizations to enable someone who has never run (jogged) before to be able to complete their first event. This does not mean that you will definitely be able to complete the event without walking some of it, but hopefully you will be well on your way toward that goal. Plan on "graduating" from each week's training steps before you move on to the steps in the following week. If you miss a day, it is better to save that day's workout and do them in order rather than skipping it and moving to the next one. The steps below do not take into account where you are starting from and anyone starting from scratch will need to let their body be their guide. Don't push too hard as you won't make your goal of being able to complete the event if you get injured training for it!!

WEEK ONE (4/8)

Mon: Rest
Tue: Jog 1 min, walk 1 min. Do 10 times, total 20 min.
Wed: Rest
Thu: Jog 2 min, walk 4 min. Do 5 times, total 30 min.
Fri: Rest
Sat: Rest
Sun: Jog 2 min, walk 4 min. Do 5 times, total 30 min.

WEEK TWO (4/15)

Mon: Rest
Tue: Jog 3 min, walk 3 min. Do 4 times, total 24 min.
Wed: Rest
Thu: Jog 3 min, walk 3 min. Do 4 times, total 24 min.
Fri: Rest
Sat: Rest
Sun: Jog 5 min, walk 3 min. Do 3 times, total 24 min.

WEEK THREE (4/22)

Mon: Rest
Tue: Jog 7 min, walk 2 min. Do 3 times, total 27 min.
Wed: Rest
Thu: Jog 8 min, walk 2 min. Do 3 times, total 30 min.
Fri: Rest
Sat: Rest
Sun: Jog 8 min, walk 2 min. Do 3 times, total 30 min.

WEEK FOUR (4/29)

Mon: Rest
Tue: Jog 8 min, walk 2 min. Do 3 times, total 30 min.
Wed: Rest
Thu: Jog 10 min, walk 2 min. Do 2 times, then jog for 5 min, total 29 min.
Fri: Rest
Sat: Rest
Sun: Jog 8 min, walk 2 min. Do 3 times, total 30 min.

WEEK FIVE (5/6)

Mon: Rest
Tue: Jog 9 min, walk 1 min. Do 3 times, total 30 min.
Wed: Rest
Thu: Jog 12 min, walk 2 min. Do 2 times, then jog for 5 min, total 33 min.
Fri: Rest
Sat: Rest
Sun: Jog 8 min, walk 2 min. Do 3 times, total 30 min.

WEEK SIX (5/13)

Mon: Rest
Tue: Rest
Wed: Jog 15 min, walk 1 min. Do 2 times, total 32 min.
Thu: Rest
Fri: Rest
Sat: **Got2Run 2.62!!!!**

Since this will be your first race, you will probably not be set in your pace - the one that you have been training at for 6 weeks. It is extremely easy to get caught up in the excitement of the event and go out faster than your pace. Start slowly, and increase your pace depending on how you feel. Don't wait until you are exhausted before taking some one-minute walk breaks. Depending on the pace you set, on race day you may well find that you can run (jog) at least 20 minutes before you need a break. Whatever you do, enjoy the day and celebrate your incredible accomplishment!!

Linda Frahm Scholarship Fund

Mission Statement: To honor the memory of Mrs. Linda Frahm, a Lions Park primary teacher, by providing scholarships to fund learning opportunities for District 57 students to enhance their summer learning. Mrs. Frahm valued exploring the world around us through multicultural lessons, celebrating the unique characteristics of the individual child, and volunteering within the community.

Learning Opportunities

Learning opportunities may include (but are not limited to):

- language courses
- summer classes (sciences, math, reading, etc.)
- arts workshops (dance, music, band, etc.)
- sports camps (ice-skating, volleyball, etc.)

Eligibility:

- 2nd - 8th grade District 57 students (as of 2018-19 school year)
- send application to Lions Park School *ATTN: Frahm Scholarship Committee* by **April 26, 2019 at 3:20 pm.**

Application

1. Complete the attached form.
2. Student applicant writes a **one page letter** explaining:
 - a. the learning opportunity & rationale
 - b. his/her own volunteer or community experience(s)
 - c. cost of program/experience
 - d. optional: attach any printed material (brochure, CD, etc..) associated with the camp or program

-Linda Frahm Scholarship Committee

Mary Hunt, Sara Murphy, Kim Sloma, Courtney Voss (MPEA)

Linda Frahm Scholarship Fund

Application

Name: _____ Grade (in 2018-19): _____

Address: _____

Parent Email: _____

Parent Phone Number: _____

School: Fairview Lincoln Lions Park Homeroom Teacher: _____

Amount Requested (partial amount may be awarded) : _____

Parent Signature: _____

Student Signature: _____

Directions:

1. Attach **one page letter** explaining:
 - a. the learning opportunity & rationale
 - b. his/her own volunteer or community experience(s)
 - c. cost of program/experience
 - d. optional: attach any printed material (brochure, CD, etc..) associated with the camp or program
2. Send paper application to: Lions Park School ~
ATTN: Frahm Scholarship Committee by **April 26 at 3:20 pm***.
3. Scholarship recipients will be notified by email May 17, 2019.
4. Checks will be distributed to families once proof of registration payment is submitted.
Checks usually arrive at the end of the school year (end of May 2019).
5. Questions? E-mail ***cvoss@d57.org***

*No late applications will be accepted.



Special Olympics is an unbelievable event of athletes coming together and celebrating their abilities and talents. District 57 is once again sending a team, and we hope to see you cheering them on! If you have never attended before please come and join us for a day full of celebration and fun! This year Special Olympics will be at Prospect High School on Sunday, May 5th. Events start around 9:00 a.m. To support our team as a District we will be selling Special Olympics spirit wear. The cost of the t-shirts will be \$10.00 each. Please follow this link to order.

<https://colorburst-screenprinting.ecwid.com/District-57-c34408913>

T-shirt orders are due no later than Wednesday, April 17th.

Thank you so much for your continued support of our student athletes...we hope to see you there.

If you have any questions, please let us know.

Sincerely,

Mrs. Katianne Olson
kolson@d57.org
SOAR Special Education Teacher

Jenny McGoon
jmcgoon@d57.org
D57 Special Olympics Coordinator

**Special
Olympics**





ADMINISTRATION BUILDING

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The District 57 Administration Office is pleased to present this information about upcoming events and news from local organizations that serve our community's children.

Enroll in a YMCA Camp Today!

*Y Trained Staff *ACA Accredited *Financial Assistance *Extended Care Included *Fieldtrips, Swimming & Rock Climbing. Go to <https://www.ymcachicago.org/lattof/pages/summer-day-camp>

Summer Registration Now Open for 214 Discovery Camps

Register online at ce.d214.org or call 847-718-7700.

Summer Soccer Camps – Begin June 17 – Full & Half Day

Develop new skills & enjoy the game of soccer. Program includes lunch, uniform, World Cup, raffle prizes & more. More info, go to <https://www.hansasoccer.com>

SUMMER CAMPS KIDS LOVE: Galileo Innovation Camps (PreK-5th Grade

Camp Galileo returns to St. Peter Lutheran School. Art, science & outdoor fun in Arlington Heights. More info, go to www.galileo-camps.com

Prospect High School Summer Athletic Camps

Participate in one of the many youth sports camps at Prospect HS this summer. Visit <https://phs.d214.org/trending-phs/> and click on "Summer Camp Schedule" or call 847-718-5233

Mt. Prospect Studio Art Classes for Children Ages 7-14

The Spring session begins April 8th – printmaking and acrylics on canvas. Come join us! A few spots are left. More info, go to www.christinethornton.com

Join Our Magical Unicorn Themed Workshops for Unicorn Month!

Unicorn Month is April, and we have special unicorn workshops for kids! Go to our website to view all unicorn workshops! gatheredboutiqueandworkshop.com

Chemists Celebrate Earth Week 2019 Illustrated Poetry Contest

Poetry contest for students in Kindergarten through 12th grade. Prizes awarded in 4 Age groups. Deadline April 29th. More info, go to https://chicagoacs.org/Chicago_Section_Community_Activities

Green White Soccer Club Spring TOPSoccer Program

Soccer for children with physical or mental disabilities. Saturday mornings at 9am starting April 13th. Registration open. More info, go to www.greenwhitesoccer.org/topsocer

d57's The Shrimp Strike Back World Competition Fundraiser

Support team to compete internationally with an into orbit patented shrimpartment to grow shrimp and feed astronauts! More info, go to www.LMSRobotics.org

April 5, 2019